

COLLARD'S CHILDCARE & KINDERGARTEN

MENU WEEK 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea Served between 9:00am -9:30am	Fresh seasonal fruit platter	Fresh seasonal fruit platter	Fresh seasonal fruit platter	Fresh seasonal fruit platter	Fresh seasonal fruit platter
Lunch Vegetarian meals are also available Served between 11:00am - 12:00pm	Beef & Veggie Ramon noodles	Roasted Pumpkin risotto	Chicken Paprikash With pasta	Coconut Dal with Roti bread	Chicken Chow Mein
Afternoon Tea Served with Water Served between 2:00-2:30pm	Banana & Blueberry muffins <hr/> Ducklings / Fairy Penguins Banana & blueberry chia pudding	Weetbix slice <hr/> Ducklings / Fairy Penguins Avocado on toast served with fruit sticks	Blueberry Muffins <hr/> Ducklings / Fairy Penguins Stewed fruit & Greek yoghurt	Apple, chia seed & cinnamon pancakes <hr/> Ducklings / Fairy Penguins Apple, chia seed & cinnamon pancakes	Banana Anzac slice <hr/> Ducklings / Fairy Penguins Zucchini Slice
Late snack Served between 4:00pm -4:30pm	Sandwiches <hr/> Ducklings / Fairy penguins Mixed Veggies	Sandwiches <hr/> Ducklings / Fairy Penguins Mixed Veggies	Sandwiches <hr/> Ducklings / Fairy Penguins Mixed Veggies	Sandwiches <hr/> Ducklings / Fairy Penguins Mixed Veggies	Sandwiches <hr/> Ducklings / Fairy Penguins Mixed Veggies